







Bikram





Mia Margaret Johnny Free Angelic Nada Sovereignty









## **Arizona Adventure YTT 300**

**USA's first Adventure YTT immersed in Nature & registered with Yoga Alliance!** 5 Beautiful Locations  $\cdot$  9 Musicians  $\cdot$  11 Brilliant Teachers

Earn your 300-Hour Yoga Registration September 4 - October 3, 2021 at Heaven on Earth Retreat<sup>™</sup>, a Shangri-La in Arizona's Gorgeous Granite Dells. Excurions to Sacred Sedona, Lake Magnificence and Granite Basin Lake. 29 Days of outstanding training with amazing daily adventures to exotic paradises.

"After years of personally abiding high up in the Himalayas and decades of research, we have attracted the most erudite, kind, joyous, fun, talented & devoted teachers imaginable." - AZA YTT founders

Deepen into Asanas with bare feet on Organic Lawns beneath Tall Trees, on viewy Yoga Decks, inside a Cave Castle on warm floors and on spectacular Canyon Creek Trails leading to surreal Lake Magnificent. Enjoy yoga on the Rooftop & in the Clifftop Dome. Relax in the Hot Tub, Pool & Treehouse & on the Beach.

You're Invited to: RYT 300 Adventure YTT™, the 1st school to offer an eclectic adventure array including: Acro Yoga • SUP Yoga on Rivers and Lakes • High Altitude Siddhis • Tumo • Aqua Yoga • Yoga Along the Trail Nature-Immersion Yoga on Beaches, Boulders & Mountains, in Caves and Secret Canyon Swimming Holes

Start your day in a sacred ancient way with Mountaintop Meditations, Incantations, Sunrise Salutations into the Sun & Yoga Along the Trail amidst clifftops with panoramic views surrounding Arizona's secret Shang-ri La!

Immerse Yourself in: Advanced Teaching Tips for Hatha, Vinyasa • Vinyasa Krama • 8 Limbs of Yoga • Vedanta • Mudras • Vijnana Bhairava • ParaYoga • Osho's 112 Meditations • Radiance Sutras • Yoga Sutras • Nada Yoga

- Yoga Nidra Tantra Tumo Kundalini Bliss Conscious Communication Vipassana & Anapanasati Gunas
- Spiritual Sovereignty Yoga Biz Restorative Yin Kids Chakra Yoga Vedas Yoga Poetry Yoga Touch

## Join & Lead:

Invocations • Chants • Mantras • Singing Circles • Satsang • Yoga Hikes/Classes • Meditation • Concerts • Bhajans

A profound yet playful, transformative & soul-enriching 29-Day experience! 12 student max Includes Outstanding Training, Accommodations & Scrumptious Organic Vibrant Vege/Vegan Cuisine + Adventurous Excursions • \$4,595 - \$5,495 • Admin@HeavenonEarthRetreat.com • (928) 308-2146























Willyum Kristen Battafarano Gretchen Bickert 1-Man Kirtan Band Chakra Yoga Nada Yoga

Kristen Golden Kundalini Acro Yoga

Deborah Heron SUP Yoga